

FEBRUARY SESSION



# THE NEW IQ

FEBRUARY 25, 2023 9:00 AM - 4:00 PM

USF College of Education, TECO Hall (Tampa campus)

Registration Fee: \$95

Register at: [tinyurl.com/anchinnewiq](https://tinyurl.com/anchinnewiq)

What you get: An introduction to the frontiers of assessment in mind, brain, and education, a tasty box lunch and a chance to celebrate yourself and like-minded educators who have participated in any number of sessions in this series.

The New IQ is an assessment developed by Minds-In-Motion's Candace Meyer to help educators, parents, and therapists better understand how movement impacts learning, cognition, and self-regulation. Using technology developed for astronaut research at NASA, as well as everyday tools, the various tests included in (the New IQ) give us a pioneering perspective about the importance of the vestibular system as it relates to optimal human performance.

This is the final session in the series and will end with a celebration and recognition of learning.

## THE WHY – Rationale & Research

- Movement changes the brain, legacy testing practices are outdated.
- An overwhelming number of children labeled with Autism, Learning Disabilities, Attentional Deficits, and Speech and Language challenges exhibit significantly underdeveloped motor, balance, and coordination systems.

## THE HOW – Top 3 Learner Objectives for Participants

- Understand the various tools associated with non-clinical movement based assessments.
- Participate in a set of movement based assessments that will deepen your understanding of the connection between movement, learning, cognition, and self-regulation.
- Assess yourself and peers using simple tools that can be translated to classroom or home practice to understand more about brain integration.

## MEET YOUR FACILITATOR

DR. GRETCHEN L. STEWART

Founder & Director, Smart Moves Academy, Tampa, Florida

Dr. Gretchen L. Stewart is the Founder of Smart Moves Academy, an inclusive private school opening in Tampa in 2023 optimizing brain performance through physical activity for lifelong learning, health, fitness, and emotional well-being. Smart Moves Academy's vision is to ignite the mind through movement and maps a new course in teaching and learning where the brain and the body take precedence as natural and dynamic partners in maximizing the potential of all children. Gretchen has a BA in Political Science, an MA in Curriculum & Instruction, an MA in Special Education, and a PhD in Curriculum & Instruction with a specialization in Educational Neuroscience.

LEARN AND SEE MORE: <https://www.mindsinmotion.com/neurocom-data-charts>

READ MORE Scholarly Articles: <https://www.dovepress.com/dynamic-balance-in-children-with-attention-deficit-hyperactivity-disorder-peer-reviewed-fulltext-article-NDT>

SEE DYNAMIC BALANCE Assessment Techniques in Children: <https://youtu.be/mrj16T0BkxY>