

Kerry Anne Littlewood (Krisman)

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Seminole, FL 33776

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EDUCATION

Data Science and Machine Learning Certificate

Massachusetts Institute of Technology (MIT)

Doctor of Philosophy, Social Work

The University of North Carolina at Chapel Hill

Transatlantic Consortium

- 2009 - 2010 University of South Florida College of Behavioral and Community Science. School of Social Work.
Visiting Faculty.
Instructor for Research and Statistics Course and Clinical Evaluation of Practice
- 2004 - 2010 Florida Kinship Center. The University of South Florida SOSW
Director of Research.
Designed, implemented, evaluated and disseminated evidence-based strategies to promote health and well-being for grandparents and other relatives raising children when parents are unable or unwilling to provide care.
- 2004 - 2007 The University of South Florida School of Social Work.
Visiting Faculty.
Instructor for Research and Statistics Course and Clinical Evaluation of Practice
- 2006 - 2007 University of South Florida St. Petersburg
Research Coordinator.
Designed, implemented, evaluated and disseminated evidence-based strategies to promote health and well-being for grandparents and other relatives raising children when parents are unable or unwilling to provide care.
- 2004 - carr.

2001 - 2003	University of North Carolina at Chapel Hill School of Social Work Title IV-E Waiver Evaluation Project Team <i>Research Assistant.</i>
2000 - 2001	Florida Kinship Center. University of South Florida School of Social Work. <i>Program Coordinator.</i>
1998 – 2000	North Carolina State University Social Work Department. <i>Research Assistant.</i>

CONSULTANT SERVICES (Selected Projects)

US Administration for Children and Families Children’s Bureau Capacity Building Center for States
 Evaluation Capacity Building Coach in the following states and jurisdictions: FL, KS, ND, NC, SC, USVI, In-Home Projects: NC, SC
 Collaborative Solutions: Design, Strategy and Evaluation Consultant, Senior Researcher
 Professional Association of Social Workers
 Translational Research and Evaluation Consultant
 Grandfamilies Outcome Workgroup (GrOW), Founder and Principal Investigator
 Foundation for a Healthy St. Petersburg
 Policy, Research, and Program Team Consultant
 Data with Purpose

2015 Fellow, Fragile Families Genetic Data Workshop, Columbia University School of Social Work and Princeton Population Center

2013 Fellow, 13th annual NIH Office of Behavioral and Social Sciences Research Summer

Co-Principal Investigator NE Evaluation of Statewide Implementation of Triple P – Phase II.

2015-2016	Pitt County Public Health Department. Co-Principal Investigator NE Evaluation of Statewide Implementation of Triple P.	\$27,663
2014-2015	Pitt County Public Health Department. Co-Principal Investigator Triple P Parenting Program Evaluation Phase II	\$19,000
2014-2017	Bristol-Myers Squibb Foundation. Co-Principal Investigator for COMRADE Trial: Collaborative Care Management for Distress and Depression in Rural Diabetes	\$500,000
2014-2017	Trinity Healthcare System Principal Investigator for Diabetes Self-Management Education Program	\$125,000
2012-2016	The Children’s Home, Inc. Principal Investigator for KIN-Tech 2012 Fostering Connections Federal Demonstration Program funded by the Children’s Bureau, US Administration on Children and Families	\$1,750,000
2013-2014	Wells Foundation. Principal Investigator.	\$12,000
2013-2014	City of Greenville. Community Development Block Grant. Principal Investigator for CDBG	\$15,000
	2013-2014	

2011	The Eddie and Jo Allison Smith Family Foundation, Inc. Principal Investigator for Summer YES Program.	\$50,000
2011- 2012	North Carolina Governor’s Crime Commission. Principal Investigator for Health and Wellness Youth Apprenticeship Program.	\$74,000
2011	Pitt County Schools. Principal Investigator for Student Success Academy.	\$21,000
2001	State of Florida Department of Community Affairs Grant Writer for Kinship Programs for The Front Porch Florida Initiative.	\$500,000

PEER REVIEWED PUBLICATIONS (selected)

1. Littlewood, K., Fedus, D., Roehl Devine, A., Langosch, D., Cooper, L., & Rosenthal, M. (2024) GRG tools we can use: Findings and psychometrics on the GrOW survey for grandfamily support groups, *Journal of Human Behavior in the Social Environment*, 34:8, 1398-1415, DOI: 10.1080/10911359.2023.2281967
2. Spadola, C.E., Groton, D., Raval, M., Hilditch, C.J., **Littlewood, K.**, Baiden, P., Bertisch, S., & Zhou, E. (2024). A sleep health education intervention improves sleep knowledge in social work students. *Social Sciences*, 13(7), 364.
<https://doi.org/10.3390/socsci13070364>
3. Bennett, R., **Littlewood, K.**, & Spadola, C. (2024). What do social workers need to serve older people? *Generations Today*, American Society on Aging.
<https://generations.asaging.org/social-workers-needs-elders-hivaid>
4. Stearns, M., McGovney, K.D., Meltzer, L., McHale, J., **Littlewood, K.**, Szalacha, L., & McCrae, C. (2024). Grand connections: Inter- and intraindividual sleep between grandparents raising grandchildren and grandchildren. *Sleep*, 47(Sup1), A356.
<https://doi.org/10.1093/sleep/zsae067.0831>

7. **Littlewood, K.**, Cooper, L., Carter, S., Rosenthal, M., Ward, C., Navarro, J., Demarco, S., & Pandey, A. (2022). Children's Home Network Kinship Navigator Program Kin as Teachers 2.0: Early childhood intervention for kin. *Journal of Intergenerational Relationships*, DOI: 10.1080/15350770.2022.2090479. To link to this article: <https://doi.org/10.1080/15350770.2022.2090479>
8. Spadola, C., Groton, D.B., **Littlewood, K.**, Hilditch, C., Burke, B., & Bertisch, S.M. (2022). Sleep health education to promote public health: Attitudes and desired learning goals among social work students. *Social Work in Public Health*, DOI: 10.1080/19371918.2022.2093304. To link to this article: <https://doi.org/10.1080/19371918.2022.2093304>
9. Rahill, G.L., Joshi, M., Blanc, J., **Littlewood, K.**, Salinas-Miranda, A., & Rice, C. (2022). Self-reported sleep disturbance patterns: A latent class analysis, *International Journal of Mental Health*, DOI: 10.1080/00207411.2022.2041266
10. Quinn, R. D., Arnold, A., & **Littlewood, K. A.** (2022). The Transformative Nature of Community Engagement in the Arts. In M. Khosrow-Pour (Ed.), *Research Anthology on Service Learning and Community Engagement Teaching Practices*. (3 Volume) (pp. 1446-1469). Hershey, PA, USA: IGI Global.
11. Rosenthal, M., **Littlewood, K.**, Langosch, D., Cooper, L., Fedus, D. B., Devine, A., Pandey, A. (2022). GrOW National Study of Grandfamilies: Wave I and Wave II Results and Recommendations. *GrandFamilies: The Contemporary Journal of Research, Practice and Policy*, 7 (1). Available at: <https://scholarworks.wmich.edu/grandfamilies/vol7/iss1/8>
12. Hash, J.B., Alfano, C.A., Owens, J., **Littlewood, K.**, Day, A., Pandey, A., Ordway, .R., Ward, T.M. (2021). Call to action: Prioritizing sleep health among US Children and youth residing in alternative care settings. *Sleep Health*, <https://doi.org/10.1016/j.sleh.2021.10.002>
13. **Littlewood, K.**, Cooper, L., Yrlick, & A., Pandey, A. (2021). The Children's Home Network Kinship Navigator Program Improves Family Protective Factors. *Children and Youth Services Review*, 126, 106046, <https://doi.org/10.1016/j.chilyouth.2021.106046>
14. **Littlewood, K.**, Cooper, L., Pandey, A. (2020). Safety and placement stability for the Children's Home Network kinship navigator program. *Child Abuse and Neglect*, 106, DOI: <https://doi.org/10.1016/J.CHIABU.2020.104506>
15. Lutes, L., Cummings, D.M., **Littlewood, K.**, Le, M.T., Kirian, K., Patil, S., Solar, C., Carraway, M., & Hambidge, B. (2020). Tailored Cognitive-Behavioural Intervention Produces Comparable Reductions in Regimen-Related Distress in Adults With Type 2 Diabetes Regardless of Insulin Use: 12-Month Outcomes From the COMRADE Trial. *Canadian Journal of Diabetes*, 44(6), 530-536. DOI: <https://doi.org/10.1016/J.JCJD.2020.05.016>

16. Spadola, C.E., Groton, D., Lopez, R., Burke, S.L., Hilditch, C.J., Pandey, A., **Littlewood, K.**, Zhou, E.S., & Bertisch, S.M. (2020). Preliminary Impact of a Sleep Health Educational Module for Social Work Students, *SLEEP*, 43, (S1), A446. DOI: <https://doi.org/10.1093/SLEEP/ZSAA056.1162>
17. Spadola, C.E., Groton, D., Lopez, R., Burke, S.L., Hilditch, C.J., Pandey, A., **Littlewood, K.**, Zhou, E.S., & Bertisch, S.M. (2020). Investigating Social Workers' Sleep Health Knowledge: Opportunities to Promote Sleep Health, *SLEEP*, 43, (S1), A445. DOI: <https://doi.org/10.1093/SLEEP/ZSAA056.1160>
18. Pandey, A., Cooper, L., Zrebiec, J., Spadola, C.E., Bennett, R.L., Rosenthal, M.M., & **Littlewood, K.** (2020). Adequate Sleep is Associated with Improved Diabetes Knowledge and HbA1c. *SLEEP*, 43(S1), A1044. DOI: <https://doi.org/10.1093/SLEEP/ZSAA056.1040>

cognitive behavioral intervention reduces regiment-related distress-relationship to change in medication adherence and glycemic control at 12 month follow up. *Diabetes*, 67(S1), 886-P. DOI: 10.2337/db18-886-P

25. Pandey, A., **Littlewood, K.**, Cooper, L., McCrae, J., Rosenthal, M., Day, A.G., & Hernandez. (2018). Connecting older grandmothers raising grandchildren with community resources improves family resiliency, social support and caregiver self-efficacy. *Journal of Women & Aging*, DOI: 10.1080/08952841.2018.1444940.
26. Cummings, D.M., Lutes, L., Hambidge, B., Carraway, M., Patil, S., Adams, A. Solar, C., **Littlewood, K.**, Edwards, S., & Gatlin, P. (2018). Randomized trial of tailored cognitive behavioral intervention in Type 2 Diabetes with comorbid depressive and/or distress symptoms- Twelve month outcomes from COMRADE. *Diabetes*, 67(S1), 867-P. DOI: 10.2337/db18-867-P
27. Crowe, A., Mullen, P.R., & **Littlewood, K.** (2018). Self-stigma, mental health literacy, and health outcomes in integrated care. *Journal of Counseling and Development*, 96(3), 267-277. DOI: 10.1002/jcad.12201
28. Pandey, A., **Littlewood, K.**, Cooper, L., Rosenthal, M., Hernandez, L., & Day, A. (2018). Mixed methods study to explore attitudes and beliefs about sleep for clinicians, administrators and policy makers in child welfare. *Sleep*, 41(S1), A392. DOI: 10.1093/sleep/zsy061.1053
29. Pandey, A., **Littlewood, K.**, Cooper, L., Rosenthal, M., Hernandez, L., & Day, A. (2018). Pragmatic approaches for integrating healthy sleep hygiene to promote chronic disease management. *Sleep*, 41(S1), A391. DOI: 10.1093/sleep/zsy061.1051
30. Littlewood, K., Cooper, L., Strozier, A., McCrae, J., McCrae, C., Hernandez, L., Rosenthal, M., & Pandey, A. (2017). Self reported sleep and peer acceptance, rejection and bullying for children raised by grandmothers, *Sleep*, 40(S1), A371–A372, <https://doi.org/10.1093/sleepj/zsx050.999>
31. Lutes, L.D., Cummings, D.M., **Littlewood, K.**, Dinatale, E. and Hambidge, B. (2017), A community health worker–delivered intervention: A 12-month randomized trial. *Obesity*, 25, 1329-1335. <https://doi.org/10.1002/oby.21883>
32. Cummings, D., Lutes, L. **Littlewood, K.**, Solar, C., Hambidge, B., & Gatlin, P. (2017). Impact of distress reduction on behavioral correlates and A1C with uncontrolled Type 2 Diabetes: Results from EMPOWER. *Ethnicity & Disease*, 27(2), 155-165.
33. Ballard, B., Baugh, E., Tyndall, L., Nolan, M., & **Littlewood, K.** (2016). Framework for best practices in family life education: A case example. *Family Relations*, 65, 393–406, DOI:10.1111/fare.12200

34. Baugh, E., Ballard, B., Tyndall, L., **Littlewood, K.**, & Nolan, M. (2015). Balancing work and family: A pilot evaluation of an evidence-based parenting education program. *Families In Society* (96), 3, 165-172.
35. Kondrat, D., Swanke, J.R., **Littlewood, K.**, & Strozier, A.S. (2015). Measuring Social Support among Kinship Caregivers: Confirming the Factor Structure of the Family Support Scale. *Child Welfare* 93(3), 93-110.
36. **Littlewood, K.**, Cummings, D.M., Lutes, L., Solar, C. (2015). Psychometric Properties of the Family Support Scale Adapted for Patients with Type 2 Diabetes Mellitus (FSS-A T2DM). *Ethnicity & Disease*, 25, 193-199.
37. **Littlewood, K.** (2015). Kinship Services Network Pro(e)4 (w)2 (ood)-4(i)-2 (nsn/LBody Tf(uS)-4 76.72

44. **Littlewood, K.** & Strozier, A. (2009). Learning about Leaders: Exploring and measuring leadership qualities in grandparents and other relatives raising children. *The Journal of Intergenerational Relationships*, 8, 1-24.
45. **Littlewood, K.,** & Strozier, A. (2009). Florida Kinship Center. *The Journal of Intergenerational Relationships: Special Issue on Grandparents and Other Relatives Raising Children*, 7(2/3), 306-310.
46. Strozier, A., & **Krisman, K.** (2007). Capturing caregiver data: An examination of kinship care custodial arrangements. *Children and Youth Services Review*, 29(2), 226-246.
47. Strozier, A., McGrew, L., **Krisman, K.,** & Smith, A. (2005). Kinship Care Connection: The analysis of a school-based intervention for kinship caregivers, the children in their care, and the schools. *Children and Youth Services Review*, 27, 1011-1029.
48. Smith, A., **Krisman, K.,** Strozier, A., Marley, M. (2004). Breaking through the bars: Exploring the experiences of addicted incarcerated parents whose children are cared for by relatives. *Families in Society*, 85, 187-196.

California Evidence Based Clearinghouse: Kinship Navigator (CHN-KN) Children's Home Network. <https://www.cebc4cw.org/program/kinship-navigator-chn-kn-children-s-home-network/>

Title IV-E Prevention Services Clearinghouse: Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-TECH™). [KIN-TECH Model \(hhs.gov\)](https://www.hhs.gov/kintech/)

REFEREED JOURNALS

Family Relations (2013- present)

Children and Youth Services Review

Grandfamilies: The Contemporary Journal of Research, Practice and Policy

EDITORIAL BOARD JOURNAL

Grandfamilies: The Contemporary Journal of Research, Practice and Policy (2014 – present)

GRANT REVIEWS

Centers for Disease Control Community Grant Review (2014)

STUDENT RESEARCH MENTORSHIP/COMMITTEE

Dissertation Committee: Emily Dinatale, ECU, Ph.D., Clinical Health Psychology

Thesis Committee: Melisa Nolan, ECU, MS, Child Development Family Relations

Field Instructor

2016: Reginald Wallace

2015: Reginald Wallace, Sarah Marino, Ashley Tucker, Susan Tapp, Sohale Vu

2014: Ashley Tucker, Susan Tapp, Sohale Vu

2013: Roman Rys and Kristin Kenyon (BSW) (MSW)

RECENT NATIONAL AND INTERNATIONAL PRESENTATIONS (INVITED AND PEER REVIEWED)

US Children's Bureau

US DHHS Office of Minority Health

US Congress

Capacity Building Center For States

Kinship Navigator Subject Matter Expert and

Evaluation Capacity Building Coach

Gerontological Society of America

American Public Health Association (Research Award 2018)

Child Welfare League of America

Kempe Center International Conference on Child Welfare

Society for Behavioral Medicine

Academy of Sleep Medicine

Robert Wood Johnson Foundation