



DIRECTOR'S STATEMENT

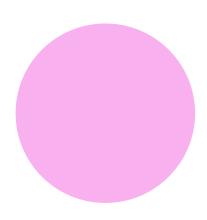
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UNIVERSI

FALL 2023 RECAP

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How can we balance our intellectual passions with the reality of earning a living? How do community, vocation, and aspiration intersect PlebhsFTt.oTis earpsnM16

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<]g' Úfgh' Vcc_ž' Soul Food: The Surprising Story of an American Cuisine One Plate at a Time

The President's Kitchen Cabinet: The Story of the African American Who Have Fed Our First Families, From the Washingtons to the Obamas

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New Year, New Space



2023-2025



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- What can I do to take in every detail of the events and activities I enjoy the most, including sights, smells, tastes, and sounds? How can I stay absorbed in these moments and block out distractions?
- What was the best part of my day today? What precisely made it so special? What can I memorize about this moment?
- What happened recently that made me feel lucky? Blessed? Grateful?

- What takes my breath away? Why is it so awe-inspiring?
- What did I achieve in the last year that I was praised for? Proud of?
- What was my favorite memory from 2023 that I want to hang on to because it makes me happy when I recall it?
- What am I most looking forward to this day? This week? In 2024?

New York
Times The Un-

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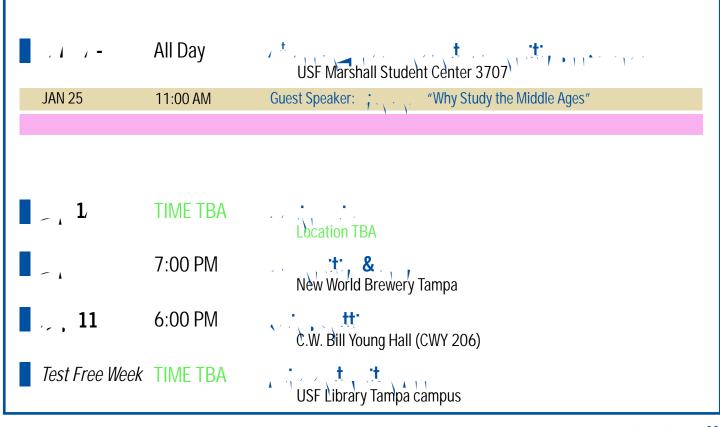
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